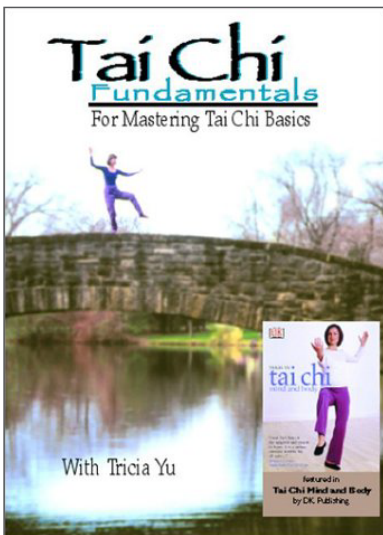


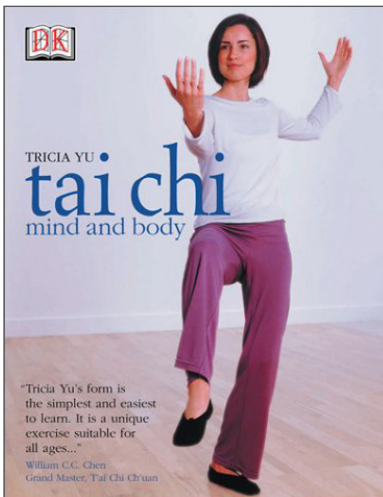


<https://taichihealth.com>

ORIGINAL TAI CHI FUNDAMENTALS® PROGRAM (TCF) INCLUDES BASIC MOVEMENT PATTERNS



Tai Chi Fundamentals®:
For Mastering Tai Chi Basics
DVD
Code: D60
By Tricia Yu



Tai Chi Mind and Body
Book
Code: T30
By Tricia Yu

Please order from: Tai Chi Health, LLC. 608-630-4066

Order online at:

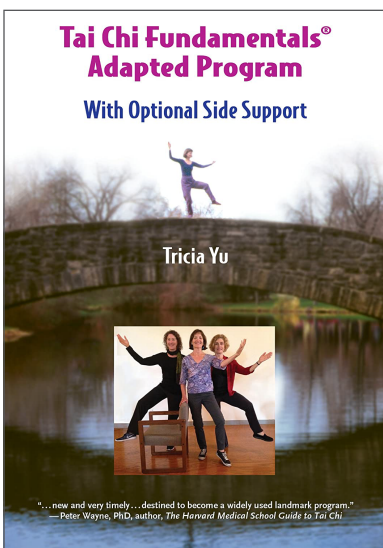
taichihealth.com/store/original-tai-chi-fundamentals-program-tcf-dvds-and-books

Or for more details: taichihealth.com

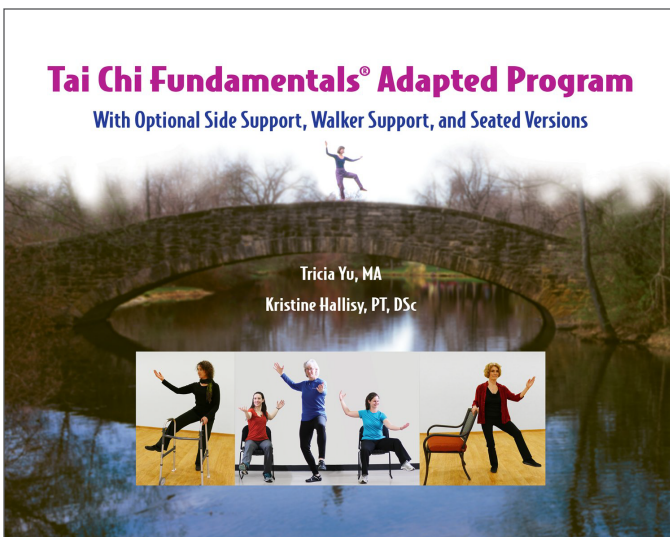


<https://taichihealth.com>

TAI CHI FUNDAMENTALS® ADAPTED PROGRAM (TCFA) **Includes Optional Side Support, Walker Support and Seated versions**



Tai Chi Fundamentals® Adapted Program:
Optional Side Support Version
DVD
Code: D90
By Tricia Yu



Tai Chi Fundamentals®
Adapted Program
Book
Code: T90
By Tricia Yu

Please order from: Tai Chi Health, LLC. 608-630-4066

Order online at:

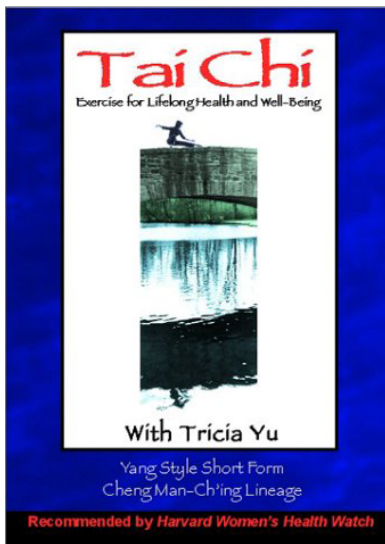
taichihealth.com/store/tai-chi-fundamental-adapted-program-tcfa-book-and-dvds

Or for more details: taichihealth.com



<https://taichihealth.com>

YANG STYLE CHENG MAN CH'ING LINEAGE DVDS

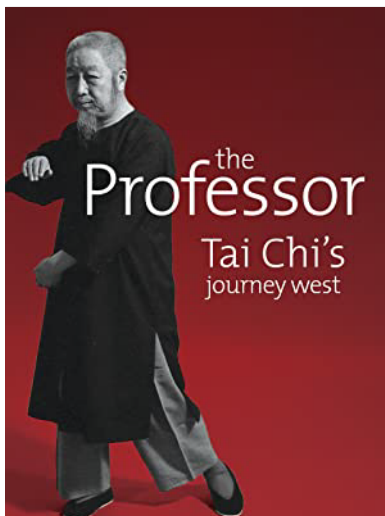


Tai Chi: Exercise for Lifelong Health and Well Being

DVD

Code: D50

By Tricia Yu



The Professor: Tai Chi's Journey West

DVD - PRIME VIDEO

Barry Strugatz (Director)

<http://www.tai-chifilm.com>

Please order from: Tai Chi Health, LLC. 608-630-4066

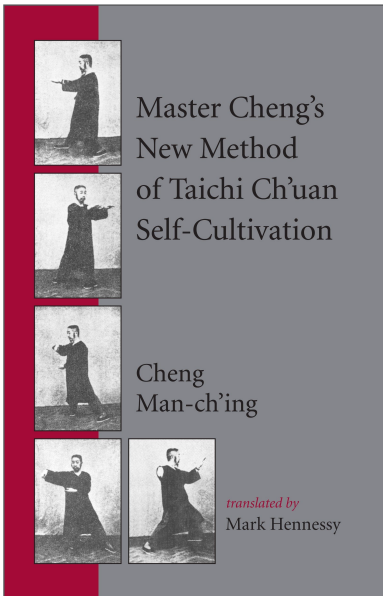
Order online at:

taichihealth.com/store/yang-style-cheng-man-ching-lineage-dvds

Or for more details: taichihealth.com

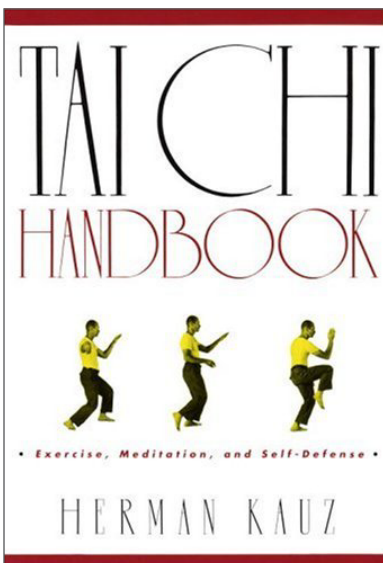


Cheng Man-Ch'ing



Master Cheng's New Method of Tai Chi Ch'uan Self-Cultivation **BOOK**

By Cheng Man-ch'ing, Mark Hennessy (Translator)



The Tai Chi Handbook 1974 **BOOK** By Herman Kauz